

# Pharmacokinetics of PEG-Interferon Lambda (pegIFN $\lambda$ ) Following Fixed Dosing in Treatment-Naive Hepatitis C Subjects (Single-Dose Interim Data From a Dose-Ranging Phase 2a Study)

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## ABSTRACT

**Background:** Pegylated interferon lambda (pegIFN $\lambda$ ) exerts antiviral effects through a unique receptor with limited distribution and is anticipated to have an improved safety profile compared to alpha interferons. PegIFN $\lambda$  is currently under development as a therapeutic agent for chronic hepatitis C virus (HCV) infection. Pharmacokinetic data from a previous phase 1b study suggested that weekly administration of fixed pegIFN $\lambda$  doses may be appropriate; however, the drug was administered on a weight basis in that study. This report describes data from an ongoing phase 2a study, the first part of which was designed to evaluate the pharmacokinetics of pegIFN $\lambda$  over a broad range of fixed doses.

**Methods:** Treatment-naive HCV subjects (genotypes 1, 2, 3, or 4) received a single subcutaneous (SC) fixed dose of pegIFN $\lambda$  (80, 120, 180, or 240  $\mu$ g; 11-12 subjects/dose group). Serial serum samples were collected over a 2-week period postdose. Samples were analyzed by validated Meso Scale Discovery (MSD) electrochemiluminescent assay. Noncompartmental and compartmental analyses were performed to estimate pharmacokinetic parameters and allow simulation of multiple-dose pharmacokinetics. The relationship of several covariates, including dose level and body weight, to pegIFN $\lambda$  exposure was examined graphically.

**Results:** The mean pegIFN $\lambda$  elimination half-life ( $t_{1/2}$ ) ranged from 37 to 52 hours. Estimated CL/F and V<sub>d</sub>/F values were relatively consistent across the 120-, 180-, and 240- $\mu$ g dose groups (approximately 2 L/h and 100 L, respectively); CL/F and V<sub>d</sub>/F were lower in the 80- $\mu$ g dose group at 1.04 L/h and 46 L, respectively. The mean  $T_{max}$  was approximately 24 hours, with a range of 4 to 73 hours. Mean  $AUC_{0-168h}$  and  $C_{max}$  increased in a dose-dependent manner. Based on the single-dose data, steady state is predicted to be reached after 2 to 3 weeks of once-weekly dosing. There was no apparent effect of body weight on pegIFN $\lambda$  exposure. Other covariates, such as HCV genotype, host IL28B genotype, and other subject characteristics (age, race, sex, and body mass index), do not appear to affect pegIFN $\lambda$  exposure.

**Conclusions:** Based on the data from this study, pegIFN $\lambda$  elimination  $t_{1/2}$  is approximately 2 days. There appears to be little influence of common baseline demographics, such as age, race, sex, body weight, or body mass index, or of disease-specific parameters, such as HCV genotype or host IL28B genotype, on the pharmacokinetic properties of pegIFN $\lambda$ . Collectively, the data on demographics and time to steady state support the use of fixed SC doses of pegIFN $\lambda$ , on a once-weekly schedule.

## INTRODUCTION

PegIFN $\lambda$  is in development as a new treatment for chronic HCV.

PegIFN $\lambda$ , a member of the type III interferon family, binds to a unique receptor with more restricted distribution than the receptor for type I $\alpha$  interferons, and thus has the potential for comparable efficacy to other interferons with a more favorable tolerability and side effect profile.

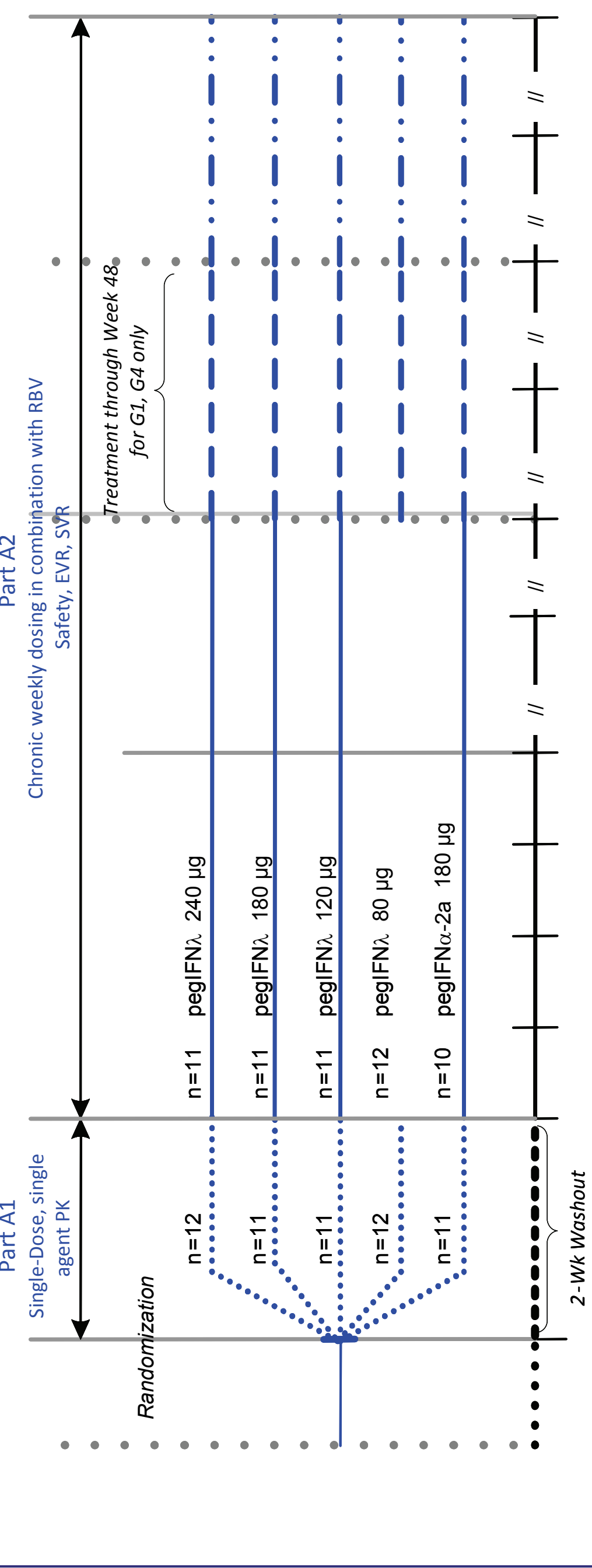
A phase 1b study of pegIFN $\lambda$  at several weight-based dose levels administered for 4 weeks in combination with ribavirin (RBV) showed robust antiviral activity, with minimal constitutional symptoms or hematologic effects. The primary dose-limiting toxicity was reversible elevations in ALT or AST, with or without increased bilirubin levels.

Pharmacokinetic (PK) data from a previous phase 1b study suggested that weekly administration of fixed pegIFN $\lambda$  doses may be appropriate; however, the drug was administered on a weight basis in that study.<sup>1</sup> This report describes data from a phase 2a study, the first part of which (Part A1) was designed to evaluate the pharmacokinetics of pegIFN $\lambda$  over a broad range of fixed doses.

## METHODS

### Study Design

Treatment-naive HCV subjects (genotype 1, 2, 3, or 4) received a single SC injection of pegIFN $\lambda$  in a dose of either 80, 120, 180, or 240  $\mu$ g (11-12 subjects/dose group).



Muir AJ, et al. 2010.<sup>2</sup>

### PK Evaluation

Serial serum samples were collected over a 2-week period at the following time points: predose, and 1, 2, 4, 8, 12, 24, 48, 72, 96, 120, 144, 168, 240, and 336 hours postdose. PK serum samples were analyzed for pegIFN $\lambda$  with a validated MSD (Gaithersburg, Maryland) electrochemiluminescent assay (see Figure 1). The lower limit of quantification (LLOQ) for this assay was 0.125 ng/mL.

The concentration vs time profiles for each subject were evaluated by noncompartmental analysis using WinNonlin v5.2.1 software (Pharsight Corporation, Cary, NC). The reported PK parameters were as follows:

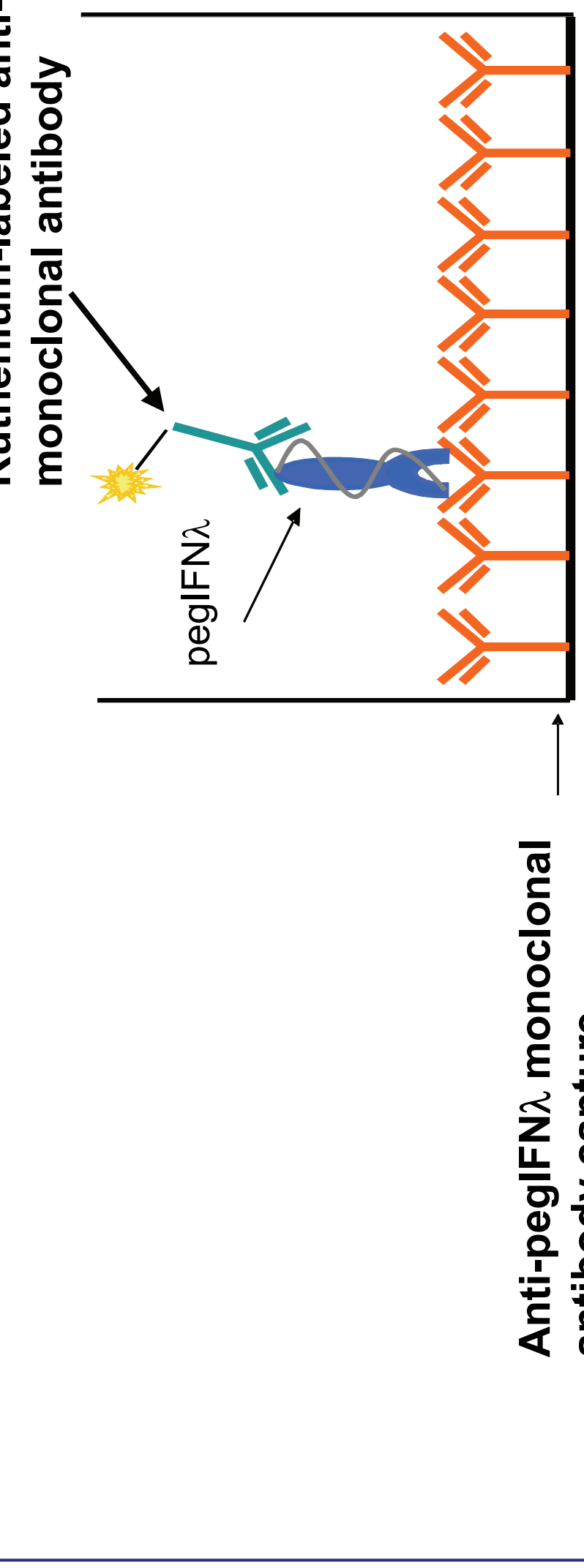
- $C_{max}$  (maximum observed concentration)
- $T_{max}$  (time at which maximal concentration was reached)
- $AUC_{0-168h}$  (area under concentration vs time curve from zero to 168 hours postdose)
- $AUC_{0-\infty}$  (area under concentration vs time curve from zero extrapolated to time infinity)
- $t_{1/2}$  (terminal half-life)
- CL/F (clearance divided by bioavailable fraction)
- V<sub>d</sub>/F (volume of distribution divided by bioavailable fraction)
- For summary statistics:
  - $C_{max}$  values below the assay LLOQ were imputed to be one half of LLOQ (one half of 0.125 ng/mL = 0.0625 ng/mL)
  - $AUC_{0-168h}$  values for subjects that were not estimated due to a lack of quantifiable data were imputed to be one half of the lowest theoretically possible  $AUC_{0-168h}$  (one half of 0.814 h $\cdot$ ng/mL = 0.407 h $\cdot$ ng/mL)

## METHODS (cont'd)

The concentration vs time profiles for each subject were also evaluated by compartmental methods. The data were best described by a 1-compartment extravascular model with a 1 $\gamma^2$  weighting scheme (see Figure 2). The resulting mean volume of distribution divided by the bioavailable fraction (V<sub>d</sub>/F), absorption rate constant (k<sub>01</sub>), and elimination rate constant (k<sub>10</sub>) were then used to simulate pegIFN $\lambda$  concentration vs time profiles following multiple doses of 80, 120, 180, or 240  $\mu$ g.

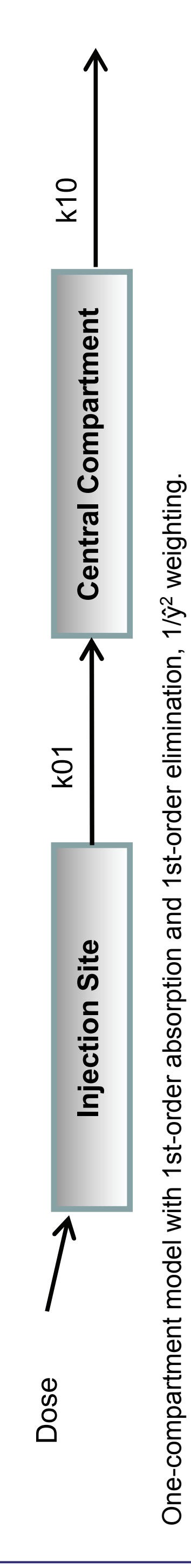
$AUC_{0-168h}$  was used to graphically examine the relationship between exposure and pegIFN $\lambda$  dose, as well as the relationship between exposure and subject body weight. The relationship between pegIFN $\lambda$  exposure and other covariates (HCV genotype, host IL28B genotype, age, race, gender, and body mass index [BMI]) were also examined.

### Figure 1. Meso Scale Discovery (MSD) Platform Used for PegIFN $\lambda$ Quantitation



This method utilizes MSD technology in which carbon electrodes integrated into the bottom of an assay plate excite a ruthenium label, emitting light at 620 nm, which is then read by the MSD Sector Imager. A murine anti-pegIFN $\lambda$  monoclonal antibody was used to capture pegIFN $\lambda$  present in the serum samples and a second ruthenium-labeled murine anti-pegIFN $\lambda$  monoclonal antibody was used for detection of captured drug.

### Figure 2. Compartmental Model Used for Simulation of Multiple-Dose Pharmacokinetic Profiles



## RESULTS

The noncompartmental pharmacokinetic parameters for pegIFN $\lambda$ , grouped by dose level, are shown in Table 1.

- The mean  $T_{max}$  was approximately 24 hours postdose, with a range of 4 to 73 hours.
- Exposure ( $C_{max}$  and  $AUC_{0-168h}$ ) increased in a dose-proportional manner (see Figure 3).
- Estimated CL/F and V<sub>d</sub>/F values were relatively consistent across the 120-, 180-, and 240- $\mu$ g dose groups (approximately 2 L/h and 100 L, respectively); CL/F and V<sub>d</sub>/F were lower in the 80- $\mu$ g dose group (1.04 L/h and 46 L, respectively).
- The discrepancy in the parameters from the 80- $\mu$ g dose cohort is likely due to the low pegIFN $\lambda$  concentrations following this dose, and sensitivity limitations of the assay.
- The mean  $t_{1/2}$  ranged from 37 to 52 hours.
- The compartmental pharmacokinetic parameters for pegIFN $\lambda$  were averaged across all dose groups to allow simulation of concentration vs time profiles from an "average" subject:
  - V<sub>d</sub>/F = 133 L
  - k<sub>01</sub> = 0.115 1/h
  - k<sub>10</sub> = 0.0172 1/h

Steady state is expected to be reached after 2 to 3 weeks of once-weekly dosing. The predicted multiple-dose pegIFN $\lambda$  serum concentrations based on the single-dose parameters are shown in Figure 4.

### Table 1. Pharmacokinetic Parameters Following a Single Subcutaneous PegIFN $\lambda$ Dose

PK Parameter	PegIFN $\lambda$ Dose Cohort					
	80 $\mu$ g (n=12)	120 $\mu$ g (n=11)	180 $\mu$ g (n=11)	240 $\mu$ g (n=12) <sup>a</sup>	Mean (SD)	% CV
$C_{max}$ (ng/mL)	12	11	11	11	0.88 (0.41)	46.8
$T_{max}$ (h)	12	11	11	11	1.49 (1.52)	102
$AUC_{0-168h}$ (ng $\cdot$ h/mL)	12	11	11	11	53.7 (43.1)	80.4
$t_{1/2}$ (h)	11	11	11	11	45.9	83.2
$AUC_{0-\infty}$ (ng $\cdot$ h/mL)	32.8 (12.0, 49.8)	20.3 (8.0, 48.0)	24.9 (8.1, 73.1)	28.0 (4.0, 72.0)	24.9 (8.0, 48.0)	76.3
$t_{1/2}$ (h)	46.5	71.2	78.3	72.6	72.6	42.9
$AUC_{0-168h}$ (ng $\cdot$ h/mL)	12	11	11	11	53.7 (43.1)	80.4
$t_{1/2}$ (h)	11	11	11	11	45.9	83.2
$AUC_{0-\infty}$ (ng $\cdot$ h/mL)	37.0 (26.3)	47.4 (15.2)	52.0 (22.3)	41.9 (17.4)	47.4	41.6
CL/F (L/h)	7 <sup>b</sup>	11	11	11	32.0	32.0
V <sub>d</sub> /F (L)	7 <sup>b</sup>	11	11	11	93.5 (43.4)	46.4
$t_{1/2}$ (h)	11	11	11	11	50.6	73.1
CL/F (L/h)	7 <sup>b</sup>	11	11	11	2.06 (1.66)	55.5
V <sub>d</sub> /F (L)	7 <sup>b</sup>	11	11	11	75.4	49.9
$AUC_{0-168h}$ (ng $\cdot$ h/mL)	46 (18)	123 (73)	135 (80)	113 (80)	123 (73)	59.4
V <sub>d</sub> /F (L)	39.3	59.5	59.4	71.0	59.4	39.3

<sup>a</sup> One subject discontinued the study and no samples for PK analysis were obtained past day 4; therefore, no parameters were generated for this subject.

<sup>b</sup> The terminal phase of the concentration vs time curves could not be defined in 5 of 12 subjects. Therefore,  $t_{1/2}$ , CL/F, V<sub>d</sub>/F, and  $AUC_{0-\infty}$  could not be estimated for these subjects.

## RESULTS (cont'd)

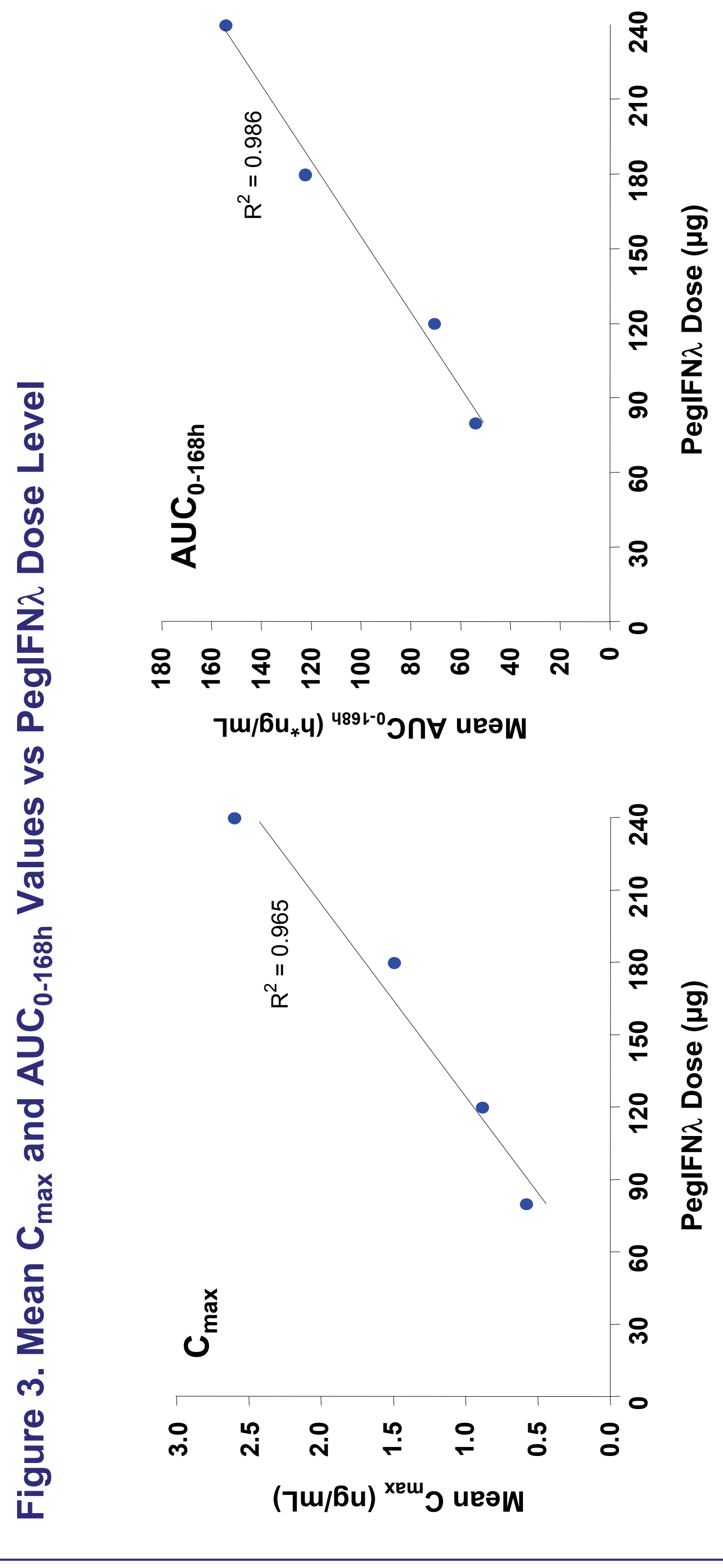
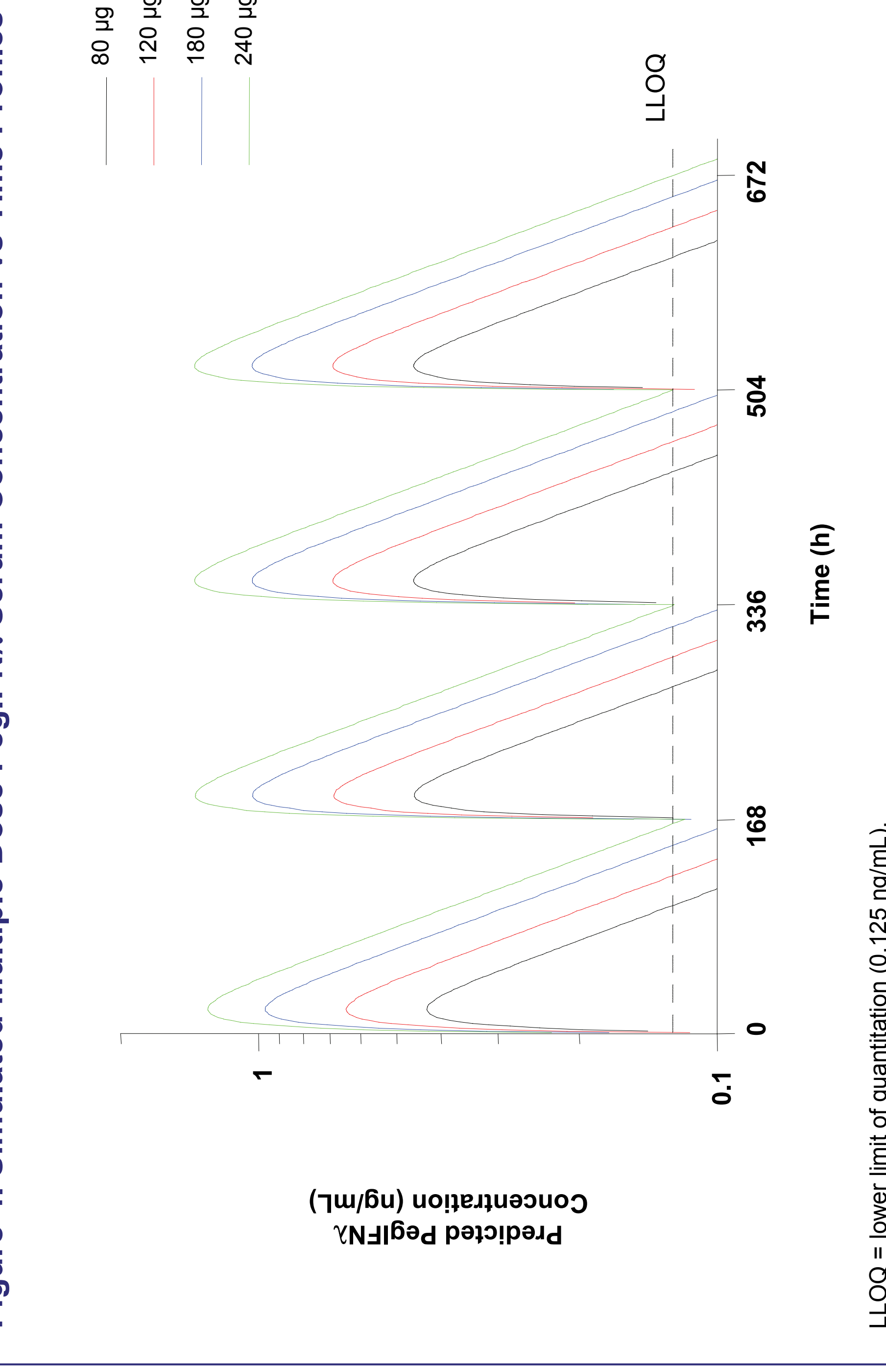


Figure 3. Mean  $C_{max}$  and  $AUC_{0-168h}$  Values vs PegIFN $\lambda$  Dose Level

### Figure 4. Simulated Multiple-Dose PegIFN $\lambda$ Serum Concentration vs Time Profiles

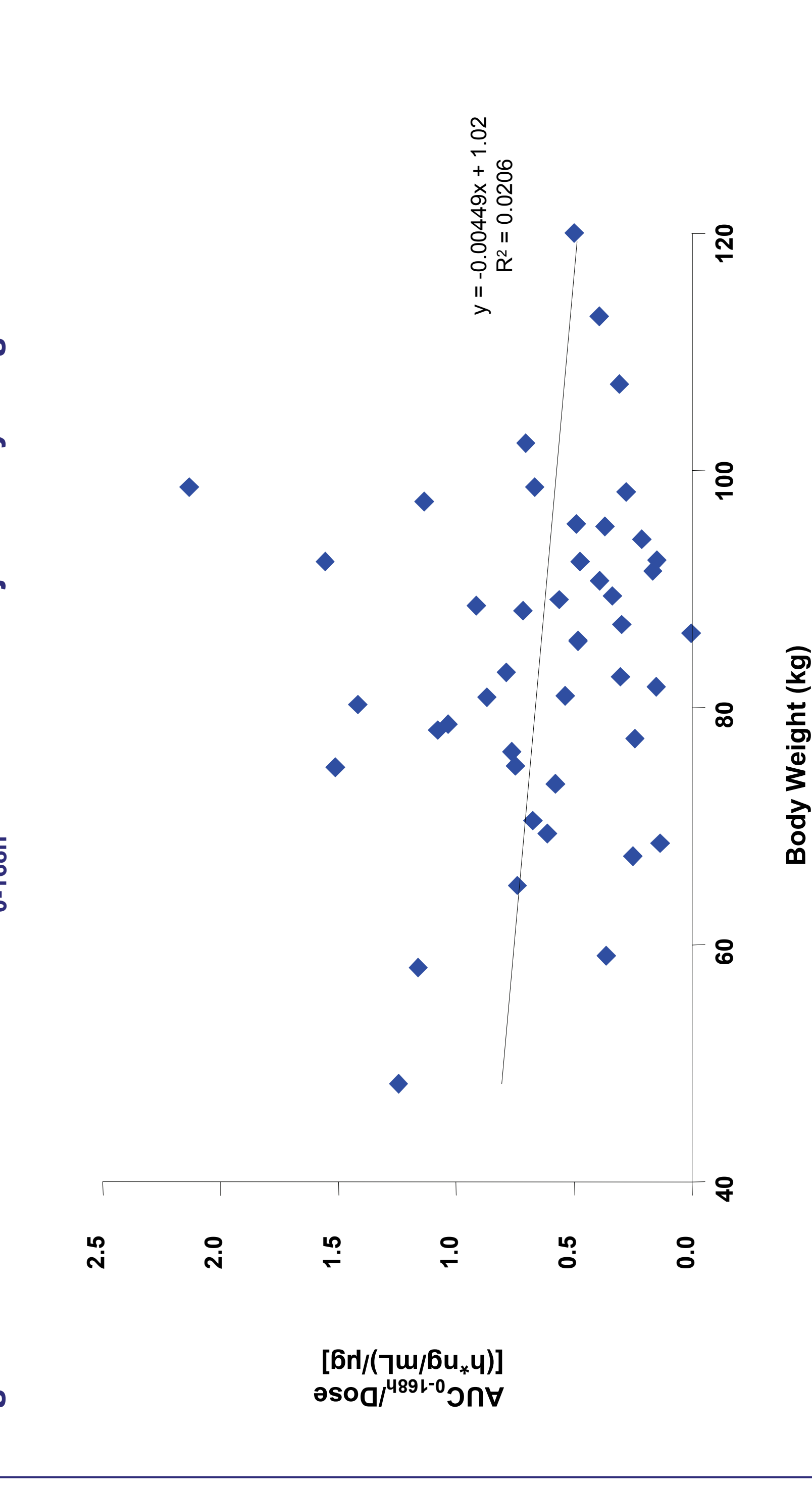


Since pegIFN $\lambda$  PK parameters were generally consistent across the dose levels, dose-normalized  $AUC_{0-168h}$  was used to evaluate the effect of covariates on exposure across all dose cohorts.

### Effect of Body Weight on PegIFN $\lambda$ Exposure

- Subject body weights ranged from 48.3 kg to 120 kg.
- To explore the effect of body weight on exposure, dose-normalized  $AUC_{0-168h}$  values were compared to subject body weight (see Figure 5).
- No relationship was apparent, suggesting that subject body weight is not a significant determinant of exposure after administration of fixed doses of pegIFN $\lambda$ .

### Figure 5. Dose-Normalized $AUC_{0-168h}$ Values vs Subject Body Weight

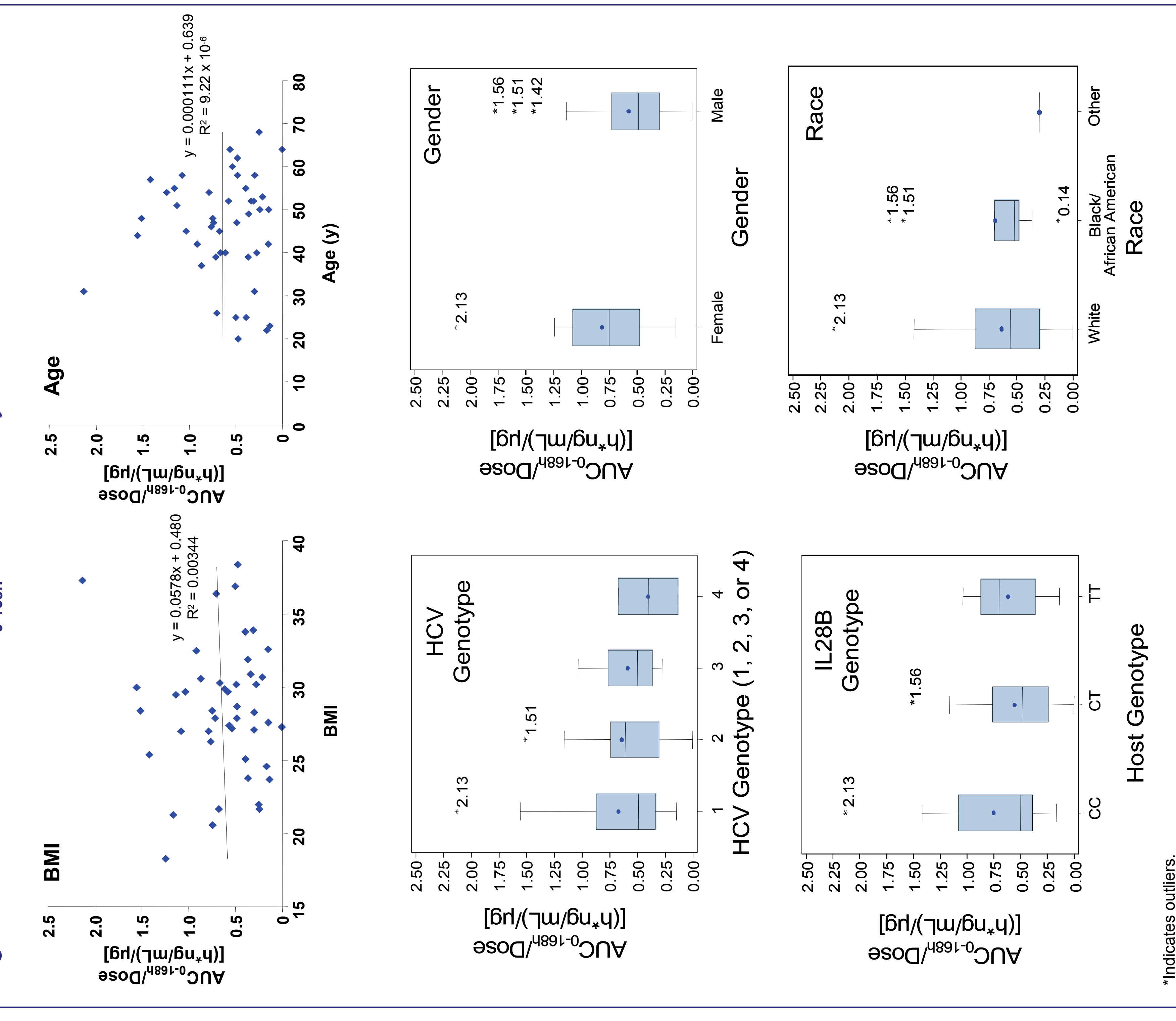


## RESULTS (cont'd)

### Effect of Other Subject Covariates on PegIFN $\lambda$ Exposure

- Subject covariates examined were BMI, age, HCV genotype, host IL28B genotype, gender, and race.
- To explore the effect of these covariates on exposure, dose-normalized  $AUC_{0-168h}$  values were compared across the range of available values (see Figure 6).
- No relationship was apparent for any of these subject covariates, suggesting that they do not affect exposure of pegIFN $\lambda$ .

### Figure 6. Dose-Normalized $AUC_{0-168h}$ Values vs Subject Covariates



## CONCLUSIONS

- Based on the data from this study, the pegIFN $\lambda$   $T_{max}$  is approximately 1 day and the elimination half-life is approximately 2 days.
- Exposure following fixed doses of 120, 180, or 240  $\mu$ g pegIFN $\lambda$  is consistent with that following weight-based dosing in the phase 1b study.<sup>1</sup>
- There appears to be little influence of common baseline demographics, such as body weight, age, race, gender, or body mass index, or of disease-specific parameters, such as HCV genotype or host IL28B genotype, on the pharmacokinetic properties of pegIFN $\lambda$ .
- Collectively, these data support the use of fixed SC doses of pegIFN $\lambda$  on a once-weekly schedule.

## REFERENCES

- Byrnes-Blake KA, Freeman JA, Doods MG, et al. Pharmacokinetics of peg-interferon lambda (peg-IFN $\lambda$ ) in a dose-ranging phase 1b study in hepatitis C patients. Presented at: Annual Meeting of the European Association for the Study of the Liver; April 14-18, 2010; Vienna, Austria.
- Muir AJ, Lawitz E, Ghalla R, et al. Pegylated interferon lambda (pegIFN $\lambda$ ) phase 2 dose-ranging, active-controlled study in combination with ribavirin (RBV) for treatment-naive HCV patients (genotypes 1, 2, 3, or 4): safety, viral response, and impact of IL28B host genotype through week 12. Presented at: 61st Annual Meeting of American Association for the Study of Liver Diseases; October 29-November 2, 2010; Boston, MA, USA.

## DISCLOSURE

- Study sponsored by ZymoGenetics, Inc. and Bristol-Myers Squibb